

Project TRUST 1

Training in Resiliency for Urban Students & Teachers

- Partners: SoLaHmo¹, UMN PHDR², UMN Education³, St Paul Public Schools⁴, Community Advisory Board
- Dates: 2011–2015
- Purpose: Develop and assess feasibility of a school-based intervention to increase educator–student connectedness, promote healthy youth development and address key youth behavioral outcomes.
- Methods:
 - Community Advisory Board
 - Focus groups with Somali, Latino, and Hmong students & parents, and teachers
 - Key informant interviews with youth advocates
 - Create and piloted teacher focused curriculum in 1 St. Paul high school
- Results:
 - The program has clear benefits for students regardless of ethnicity on emotional engagement, goals and future aspirations.
- Applications:
 - Replicate/Test Project TRUST in 10 middle and high schools
- ▶ Funder: UMN PHDR, NIH R24
- ▶ Team Members: Kay Adam^{1,2}, Mikow Hang¹, Luis E. Ortega¹, Shannon Pergament¹, Michele Allen², Kola Okuyemi², Martha Bigelow³, Silvy Un⁴

Project TRUST 2

Training in Resiliency for Urban Students & Teachers

- Partners: SoLaHmo¹, UMN PHDR², UMN Education³, St Paul Public Schools⁴, Community Leadership Coalition⁴
- Dates: 2016–2021
- Purpose:
 - Increase school connectedness and student resiliency
- Methods:
 - Created Community Leadership Coalition
 - Conducted Intervention/Control Trial at 10 St. Paul public middle and high schools
 - Evaluated School Climate Change via:
Youth Participatory Action Research (YPAR), Parent Participatory Action Research (PPAR), Teacher Professional Development Training, and Student surveys
- Results:
 - Pending
 - <https://www.healthdisparities.umn.edu/research-studies/project-trust>
- Funder: NIH R01
- Team Members: Mikow Hang^{1,2}, Luis E. Ortega¹, Shannon Pergament¹, Michele Allen², Lindsay Grude², Martha Bigelow³, Nicole Bates⁴