

Cultural Asset Assessment of Somali, Latino and Hmong Communities in St. Paul, MN

- ▶ Partners: SoLaHmo¹, UMN Family Medicine²
- ▶ Purpose:
 - Identify shared and unique cultural strengths across Somali, Latino and Hmong communities in MN that may be protective for health. Findings were adapted to create SoLaHmo's Cultural Asset Framework.
- ▶ Methods: 9 Key informant interviews; 9 focus groups with Somali, Latino and Hmong young adults, middle aged adults, and elders.
- ▶ Results and Applications: [Link to SoLaHmo Asset Assessment](#)
- ▶ Funder: The Blue Cross and Blue Shield Foundation of MN
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