

# Partnership for Rolling Hills Community Assets for Health

- ▶ Partners: SoLaHmo<sup>1</sup>, Lutheran Social Services<sup>2</sup>, ABCD Consultant<sup>3</sup>, 8 RH Community Leaders<sup>4</sup>
- ▶ Dates: 2013–2014
- ▶ Purpose: Use the capacity–building asset–based community development (ABCD) framework to identify community strengths in Rolling Hills (RH) Apartment residents to improve their health.
- ▶ Methods: Asset Based Community Development
- ▶ Results:
  - Created ABCD roadmap with RH residents and team to plan the RH Community Forums
  - Trained team in ABCD to organize and lead five Rolling Hills Assets for Health meetings
  - Implemented 2 Community Forums to identify community assets and asset based action groups
- ▶ Application:
  - **Four Action Groups Formed out of the 2 Community Forums:** Community Garden Action Group, English–as a Second–Language Action Group, Exercise Action Group, and Health Education Action Group
- ▶ Funder: Local Initiatives Support Corporation (LISC)
- ▶ Team Members: Xai Gao Sheng Chang<sup>1</sup>, Naima Dhore<sup>1</sup>, Luis E. Ortega<sup>1</sup>, Kathie Culhane–Pera<sup>1</sup>, Shannon Pergament<sup>1</sup>, Lok Pokhrel<sup>2</sup>, Omar Mohamed<sup>2</sup>, Victor Lou<sup>2</sup>, Kim Dettmer<sup>2</sup>, Charlotte Pfeiffer<sup>2</sup>, Liz Lightfoot<sup>3</sup>, Mu Htoo<sup>4</sup>, Sita Gurung<sup>4</sup>, Bashir Osman<sup>4</sup>, Pah Thir<sup>4</sup>, Lah Paw<sup>4</sup>, Paw Sha Soe<sup>4</sup>