

Infant supplementation agreement

The American Academy of Pediatrics supports that mother's own breast milk is preferred when needing to supplement a breastfed baby (AAP, February 2012). However, when this is not available, donor human milk is the next best option to meet the nutritional needs of your baby.

Donor human milk:

- is pasteurized/heat treated milk that is donated by other breastfeeding mothers
- comes from a certified milk bank and is specially processed to be given to any baby
- is carefully screened for safety. Breastfeeding mothers that donate must be non-smoking and meet strict standards which include testing negative on blood tests such as HIV/AIDS, Hepatitis B and C, and syphilis.

The benefits of human milk (mother's own breast milk and donor human milk) are that it:

- has a unique ability to boost your baby's infection fighting potential
- is the easiest nutrition for your baby to digest
- best supports the overall growth and development of your baby
- protects, supports and manages your baby's normal digestive system and bacteria-fighting environment
- will decrease the risk of your baby developing various diseases and allergies later in life

I have talked with my health care provider/nurse and have been informed of the risks and benefits of both donor human milk and formula to supplement my infant during this hospitalization.

I choose to use DONOR HUMAN MILK to supplement my infant.

I choose to use infant FORMULA to supplement my infant.

SIGNATURE

DATE

SIGNATURE

DATE