

## Who can visit the center and how soon will appointments be available?

Everyone is welcome! Starting July 25th.

## What are the hours of operation?

Initially, the clinic will be open four hours a day with additional hours covered through telehealth visits.

As the clinic fully opens, hours will be:

Monday to Friday - 8 a.m. to 5 p.m.

Saturday - 8 a.m. to 12 p.m.

Extended hours on Tuesday; Open until 8 p.m.

## What services are you providing at the Center?

Initial services offerings will include:

- + A range of outpatient services in mental health and addiction services from psychiatry to intensive outpatient programs for substance use disorders
- + Transitional care services to support people while they await the next phase in their care
- + An enhanced adult day program to help seniors in St. Paul maintain active and independent lives
- + Chiropractic care
- + Acute/walk in care

At the end of July, the Center will expand to primary care, and in October it will launch the fully integrated Wellness Center that includes:

- + Chiropractic care
- + Nutrition
- + Health Education
- + Social Services
- + Integrated Behavioral Health
- + Nursing Support
- + Primary Care for Newborns Through Elders
- + Women's health (but not prenatal care to start)
- + Gender Care Clinic
- + Substance Use and Addiction Services



Located in the  
**FAIRVIEW COMMUNITY  
HEALTH & WELLNESS HUB**

**45 W 10th St  
Saint Paul, MN**

# Introducing the **ST. PAUL WELLNESS CENTER**



## What's the best way to schedule an appointment at the Center?

Call our appointment line at 612-602-7500  
or schedule online at [mncare.org](http://mncare.org)



We're here.  For you.

## **What is the Fairview Community Health and Wellness Hub?**

The Hub will provide a different model of primary care by creating a centralized campus of services, facilities and programs, prioritizing accessibility and addressing common barriers to wellness to move healthcare beyond the four walls of a clinic.

The Hub will include a new community health clinic called the St. Paul Wellness Center, run by Minnesota Community Care, the state's largest FQHC, which will offer no-to-low-cost primary care and other supportive health and wellness services and education.

Community partners will also work within the center, operating a new food storage, distribution and pop-up food shelf to address immediate food access needs in downtown St. Paul.

## **What is the St. Paul Wellness Center?**

The St. Paul Wellness Center is Minnesota Community Care's newest clinic, opening in Downtown St. Paul in summer 2022.

A patient will connect with a Wellness Team to identify their own personal health goals and work towards them.

The St. Paul Wellness Center facilitates our ability to expand services to individuals with reduced access to care, which includes wellness exams, preventative medicine, and access to the full array of services including family medicine, pediatrics, midwifery, and chiropractic care.

This site also provides an avenue for urgent care services to be provided on demand so that patients can connect to a medical home instead of using an emergency room.

## **When will it open?**

The St. Paul Wellness Center is opening its doors for chiropractic care, acute care, and substance use care on June 27th.

It will be open for primary care on August 1st.

In the Fall, the full breadth of services will launch.

## **Can I see any MCC provider there? Do they rotate between the clinics?**

Dr. Graber and Dr. Umapathi will be moving to the Wellness Center.

Dr. Leonard Smith and Morgan Weinert NP will both be available at the Gender Care Clinic.

We are hiring wonderful new providers who will work at the Wellness Center.

## **Why open a center so close to Downtown Clinic?**

It was very hard for our community when the St. Joseph's Hospital closed for emergency services; We are expanding to meet that need.

More than half of St. Paul residents feel existing healthcare services in downtown do not meet the health needs of surrounding communities, especially for low-income people, communities of color, immigrants and refugees.

57% of residents who identified as non-European said they face a barrier to staying healthy, even when they aren't managing an illness or medical event.

## **Why did Minnesota Community Care partner with Fairview?**

Fairview and Minnesota Community Care share a commitment to improving the health and wellbeing of the communities we serve by tackling health disparities and addressing the many barriers to health equity present in our community.

Fairview chose us as a partner in this space due to our long history of serving historically marginalized communities.

## **Have you been acquired by Fairview?**

No, they have asked us to join them and do what we do best – comprehensive primary care for patients.

## **Will Fairview staff work at the clinic?**

No, the 10th Street Wellness Hub will be staffed by Minnesota Community Care.

## **How many patients can you see at this space?**

We expect this new clinic to expand Minnesota Community Care's reach by an additional 8000 patient visits each year.

## **How many people will work at the clinic? How many providers?**

We will have a Wellness Team of 8 providers to start, and are hoping to expand as we understand more about what the community needs.

## **What is the service area of this location?**

East Metro, though patients are welcome to come from anywhere if the clinic is convenient them.

## **Where do I park when I visit this space? Will I have to pay for it?**

Parking will be free! There is a parking ramp right next to the building.

## **What is the Gender Care Clinic?**

The clinic will open in fall 2022 and will see patients of all ages.

## **Do you accept insurance?**

Yes! We accept all forms of insurance.

## **Who should I contact about a bill I receive?**

Billing info (Include a specific phone number or url) TBD