



Behavioral Health Referral Form

DATE:

CLIENT NAME:	DATE OF BIRTH:	GENDER:
ADDRESS:	CITY/STATE:	ZIP CODE:
EMAIL:	PHONE:	BEST TIME TO BE REACHED?
REFERRED BY:	AGENCY:	
Reason for Referral:		

Services we offer: (Check all that apply)

- ☐ **Single Sessions** –A one-time meeting to check in and talk about what’s on your mind. This can also be a check-in session between your renewal services visits or psychiatric appointments. We offer guidance, coping tools, and next steps—no long-term commitment needed.
- ☐ **Traditional Therapy** – Regular sessions to work through feelings, stress, or challenges over time. This can help with anxiety, depression, relationships, or other personal struggles.
- ☐ **Diagnostic Assessments** – A first meeting to understand what kind of help you need. It’s also helpful if you’re looking to get a mental health diagnosis.

MAT/MOUD (Renewal Services):

- ☐ **Medications for Substance Use Disorder** including Suboxone, injectables such as Sublocade & Brixadi for OUD and other treatments options available for SUD.
- ☐ **Detox and Withdrawal management.**

Additional services that we offer:

- ☐ **Mental Health Case Management** – 18 years or older, Ramsey County resident, short-term program but may be extended based upon client needs or situation.